

## U AND UNIVERSAL

2-1-1 is an easy to remember three digit phone number that connects people with community services

2-1-1 can offer access to:

- \*affordable child care
- \*health services
- \*counseling and support groups
- \*food, clothing and housing
- \*services for disabled and seniors

The service is free, confidential, and available 24 hours a day, everyday. The service began in 1999 and is commissioned by The United Way of North Carolina. Callers should be able to access 2-1-1 from any phone including their cell phones.

### Did you know?

North Carolina is now encouraging law enforcement and first responders to get training on how to approach people with autism in emergency situations.

The NC State Fire Marshall's office has forms available for parents to fill out to inform about specific details that first responders may need to know.

The goal of the training is to keep citizens with autism safe in the event of an emergency.

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[www.umhs.net](http://www.umhs.net)